



Professional Sports & Orthopaedic Rehabilitation Associates, LLC

Game Shape
455 Route 9 South
Manalapan, NJ 07726

Phone: (732) 617 - 8090
Fax: (732) 972 - 5458

www.GameShapeOnline.com

Professional Sports & Orthopaedic Rehabilitation Associates, LLC
Game Shape - Physical Therapy & Sports Performance Center
(In the Mart Shopping Center)
455 Route 9 South
Manalapan, New Jersey 07726

PT Office: (732) 617 - 8090
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TREATMENT PRESCRIPTION

Name _____
Diagnosis _____
Precautions _____
Frequency _____ times per week. Duration _____ weeks.
Is a Functional Evaluation required? Yes _____ No _____

TREATMENT PRESCRIPTION

- Evaluate and Treat
- Evaluate and Contact Physician

MODALITIES

- Moist Heat
- Ultrasound
- Phonophoresis
- Electrical Stim for Pain Mgmt
- Electrical Stim for Swelling
- Electrical Muscle Re-Education
- Electrical Stimulation (other)
- Iontophoresis
- Whirlpool
- Contrast Bath
- Paraffin Bath
- Cryotherapy

MECHANICAL TRACTION

- Cervical
- Lumbar

MANUAL THERAPY

- Massage
- Deep Tissue Massage
- Joint Mobilization
- Soft Tissue Mobilization
- Manual Traction

ORTHOTICS

- Fabrication
- Fitting

GAIT TRAINING

- NWB PWB FWB
- Device _____
- No Assistive Device

RANGE OF MOTION

- PROM AAROM AROM

THERAPEUTIC REHABILITATION

- Stretching
- Strengthening - Isometrics
- Strengthening - Resistive
- Dynamic Activities
- Balance & Proprioception
- Neuromuscular Re-Education

FUNCTIONAL REHABILITATION

- Biofeedback
- General Conditioning
- Sports Training
- Plyometrics
- Work Capacity Evaluation
- Work Hardening

EDUCATION & TRAINING

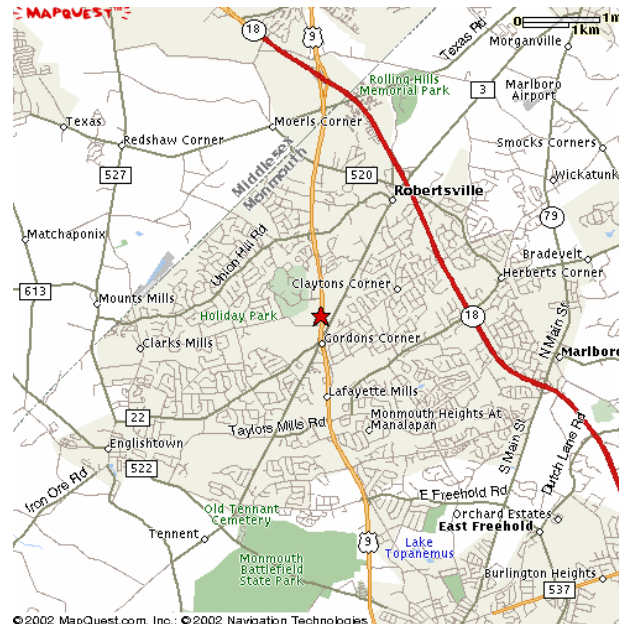
- Home Exercise Program
- Activities of Daily Living
- Posture / Body Mechanics
- Pre / Post Operative Care

OTHER TREATMENT

I hereby certify these services as medically necessary for the patient's plan of care.
This patient will return to physician on: ____/____/____

Physician's Signature _____ Date ____/____/____
Physician's UPIN # _____

For map, see reverse side.



Call for a same day appointment!

Hours of Operation

Monday - Friday 7:00am - 9:00pm
Saturday 7:00am - 1:00pm

Additional On-Site Services

Personal Fitness Training
Gym Memberships
Sports Conditioning
Nutritional Counseling
Massage Therapy
Lockers & Showers

Michelle E. Wolpov PT, MBA, ATC, CSCS
Owner / Director